

DIXIT CARDS

Metaphors

The starting point for conversations

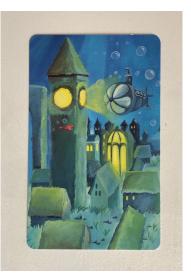
Gets to the heart of things Brings out experience



















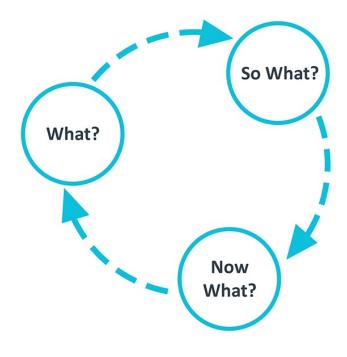
Learn **Whilst** Doing

Learning **After** Doing

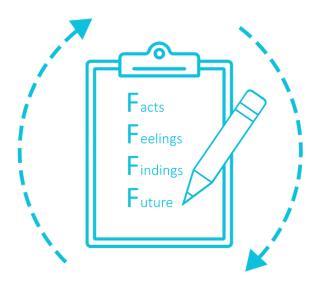




Learn **Before** Doing



Rolfe et al, 2001



The Four f's of Reviewing

Rose, Bud, Thorn Exercise

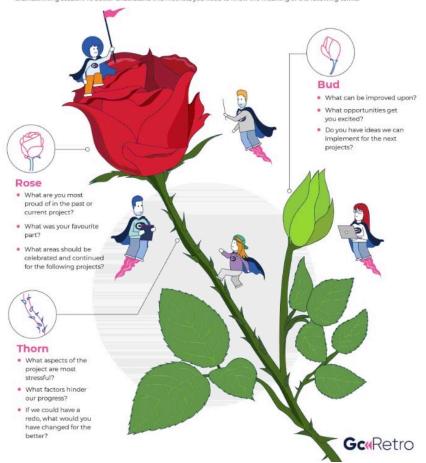
Have you ever been in a situation where you feel like your project isn't going anywhere? Being unsure of whether or not you should continue is common, but it's not impossible to everyone.

One method you can use is the Rose, Bud, Thorn exercise. This retrospective activity can help you identify the weaknesses in your project and then work on fixing them.



What Is the Rose, Bud, Thorn Design Thinking?

The Rose, Bud, Thorn exercise is a great way to get started with design thinking activities or to use as a warm-up exercise for a brainstorming session. To better understand this method, you need to know the meaning of the following terms:



LEARNING AND ACTION

Explores learning in its broadest sense not necessarily as a negative

Potential to take actions forward coming out of the experience



GRAFFITI WALLS

Ideas gathered as you go
Capturing emotional responses
through drawing an image
Capturing Learning
Gathering what works well and
what might be challenging





"Amies is about friendship, a group of people coming together becoming one family being supportive . Friendship and love is what I find here." Participant

SLIDESHOWS

Is FUN
Can be social
Good way to gauge change
Jogs older memories
Helps to focus



VOICE NOTES/ VOX POPS/ NOTES AND WHATSAPP

Quick
On the go
Avoids too much writing
Shares a group feeling instantly

